

Volunteer Training – Fall 2021

Free Admittance (Minimum age 21)

Note: All sessions will be held virtually via Zoom, 6 to 8 PM

1. Fundamentals of Circles of Support and Accountability

Wednesday, September 22

Presenters: CoSA-Ottawa staff

- History of and research on CoSA, Circle functioning, confidentiality and limits of confidentiality
- Volunteer expectations and responsibilities; tracking and reporting requirements
- Video on CoSA

2. Offending Behaviour and Treatment Approach

Wednesday, September 29

Presenter: Dr. Geris Serran, Psychologist, Correctional Services of Canada

3. Legal Controls

Wednesday, October 6

Presenter: Det. Ron McCarthy, Ottawa Police Service (High Risk Unit)

- Police Controls (810 Orders, Public Notification, Sex Offender Registry)
- Community Supervision

4. Male Sexual Trauma

Wednesday, October 13

Presenter: Rick Goodwin, Clinical Director, Men and Healing www.menandhealing.ca

5. Assessments and Treatment at the Royal Ottawa Mental Health Centre

Wednesday, October 20

Presenter: Heather Tarnai-Feely, Social Worker, The Royal, Sexual Behaviours Clinic

Following the **Basic Training** (sessions #1-5), we will conduct **volunteer screening** (interview with two staff and a Board member; references checked). Successful applicants will be required to obtain a Police Check (**cost minimized to CoSA volunteers**). *Approved* volunteers will then proceed to the final session.

6. Practical Applications of CoSA (with active and new, *approved* volunteers)

Wednesday, November 10

Facilitated by CoSA-Ottawa Staff

- A core member will share their story
- Discussion and Q&A with experienced volunteers and staff (common challenges, what works, working intentionally with a core member, etc.)

At any point during the training, attendees can choose to discontinue the training. Attending all or a portion of the training does not obligate participants to become a CoSA volunteer. **A certificate will be issued to participants who complete *all* training sessions.**

